

PHARMACY VOLUNTEERS

For Flood Relief Camps & Donation Sites **Pakistan Needs You**



Possessed with sound knowledge about medicines, pharmacy volunteers i.e. **pharmacists, pharmacy technicians and final-year pharmacy students** can positively contribute to the relief operations, donation sites and medical camps.

S#	Checklist of tasks – Medicines Dispensing:
1	While dispensing record the patient details: Use two identifiers (i.e. patient name, father's name), age, medication dispensed, quantity, date <ul style="list-style-type: none"> • Use an Excel sheet on computer or • Make a manual register • Make alphabetical list preferably to search patients quickly
2	Review the prescription: Check therapeutic duplications and appropriateness of dose/order while dispensing. Contact prescriber for necessary corrections
3	Guide about alternates/substitutes if there is shortage of certain medicines
4	Explain to the patient how to take the medicine: <ul style="list-style-type: none"> • Write the patient's & father's name and instructions with a marker on the carton/pack (In Urdu or local language) or • Use symbols e.g. 1 + 1 + 1 for 5 days (i.e. 1 tab three times a day for 5 days) or • Use pre-printed pictograms or labels where possible • Guide them to keep medicines out of reach of animals and children • Reassure patients that this illness and difficulty will be over soon and that, we are there to help them
5	<ul style="list-style-type: none"> • Reconstitute antibiotic suspensions before dispensing and explain to the patient as well. Inform about stability after reconstitution (valid days for use) • Provide spoon/measuring cup/syringe (without needle) to measure dose
6	Write patient's name on the bag/pack so that medicines of family members are not mixed-up
7	<ul style="list-style-type: none"> • Guide patients about hand hygiene and cleanliness to prevent infectious diseases • Provide soap and clean water where needed • Specially educate women in the family wherever possible • Provide female hygiene products and give awareness
8	Provide nets, coils and insect repellent lotions if malaria/dengue is rampant Educate people on how to use the lotion/coils etc. (to avoid accidental oral ingestion)
9	Verify from the record that this is a new patient or a follow-up patient If follow-up patient, check what medicines were dispensed last time and what improvement is seen in the patient's condition. Ask: <ul style="list-style-type: none"> • Did they complete the course and took medicines as instructed • Have they taken any medicines from any other doctor/camp? • Did they experience any problems/side effects? etc.



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Website: <https://pshp.com.pk>

Email: info@pshp.com.pk

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